

# ANNAPOORNA

## The Gift of Nutrition

February 2019



## / Love Begets Love

Love and Goodness are highly infective, it is told. What the volunteers of the Annapoorna Breakfast Programme from Noida witnessed during this Sankranti perfectly fits this phrase! Annapoorna breakfast is served to the GPS and GMS schools in Hoshiarpur in Noida, a part of the State of Uttar Pradesh. One of the vendors, who was touched by the volunteers' service for the needy school children, has been supplying certain items at very nominal rates for the breakfast programme in these schools for over two months!

This Sankranti, the vendor went one step further, and got his staff to make 550 packets of Rewari

and Gajak (traditional sweets in Northern India made of sesame seeds, jaggery and nuts) for the school children, adding to the oranges that were being distributed by Annapoorna volunteers. He went to the schools to distribute them himself, and displayed a lot of enthusiasm and humility during the activity. He has promised to be back shortly with Soya katoris (a type of salted savories/Namkeen)!



Shot on OnePlus  
By nitish

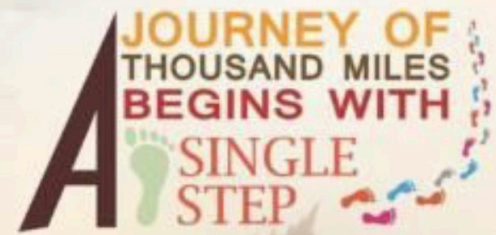
## / Welcoming the New Year with Love

**A** volunteer from Annapoorna and her set of friends at KPMG (a professional service company) decided to embark on the New Year on a selfless note by sponsoring breakfast for the Doddanekundi Kannada School in Bengaluru.

The set of friends along with Annapoorna volunteers distributed hot idlis (rice cakes) with sambar (lentil soup) and chutney for about 250 children in the school, where Annapoorna breakfast is regularly served. Gulab Jamuns (sweets) were also served to the children marking a 'sweet start' to the year.

Kudos to the entire team for starting the year with selfless love for the children!

<https://annapoorna.org.in>



# / Annapoorna Trust— One Nation Event

*ONE NATION YOUTH—INSPIRED ACTIONS*

One Nation is a forum with the unique objective of working towards Unity & Equality through individual Transformation.

This year's One Nation conclave, themed, One Nation Youth – Inspired Actions, was to inspire the youth in "Building the Nation through Nutrition" and enable them to join various NGO's (Non-governmental Organisation) working towards this mission. One such NGO which has been engaged in this people's movement is Annapoorna Breakfast Programme. Sri Sathya Sai Annapoorna Trust is currently serving over 200,000 school children across more than 2600 Government schools in 15 states and 2 Union Territories.

On Saturday, January 26, 2019, they celebrated India's 70th Republic Day by congregating at NMKRV College Auditorium, Jayanagar, in Bengaluru to continue the path laid down by several inspired men and women, and involve the youth to join in the Nutrition Mission!

<https://annapoorna.org.in>

# SaiSure

LEAVING NO CHILD BEHIND

HEALTHY CHILD HEALTHY NATION



SAISURE FOR  
TODDLERS



SAISURE FOR  
CHILDREN



SAISURE FOR  
PREGNANT WOMEN

## / SaiSure Health Mix

Annappoorna has introduced SaiSure, a scientifically designed multi nutrient supplement which when added to milk, significantly enhances the vital nutrients such as Iron and Vitamins. It provides a delicious and wholesome nourishment for children.

This SaiSure health mix will be provided as a supplement, free of cost to the milk currently provided to government and government-aided schools under the Milk Scheme Programmes of the Governments of Karnataka and Puducherry!