



**January
2022 Edition**

Annapoorna Trust's Global Presence



ANNAPOORNA

The Gift of Nutrition



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With the partnership of the government at Tirupati under the leadership of Hon'ble MLA, Sri Chevireddy Bhaskar Reddy garu, Sri Sathya Sai Annapoorna Trust has commenced the Annapoorna Breakfast Programme that provides free breakfast to needy school children typically, those attending rural government schools across India.

On Jan 19, 2022, Sadguru Sri Madhusudan Sai, Founder, Sri Sathya Sai Annapoorna Trust, announced the launch of Breakfast service for 50,000 school children in the rural

part of the greater Tirupati area. Annapoorna currently provides free Morning Nutrition to 500,000 school children across 19 states and 3 UTs, with plans to continue expanding to more under-served regions, once the schools resume, post the current pandemic.

Breakfast Service has now commenced in the Tirupati region, beginning with pilot schools across 6 Mandals, and will continue to expand geographically in the weeks and months ahead. Here is a video that provides glimpses of the launch event, and the

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subsequent planning meetings between the Annapoorna team and the government officials.

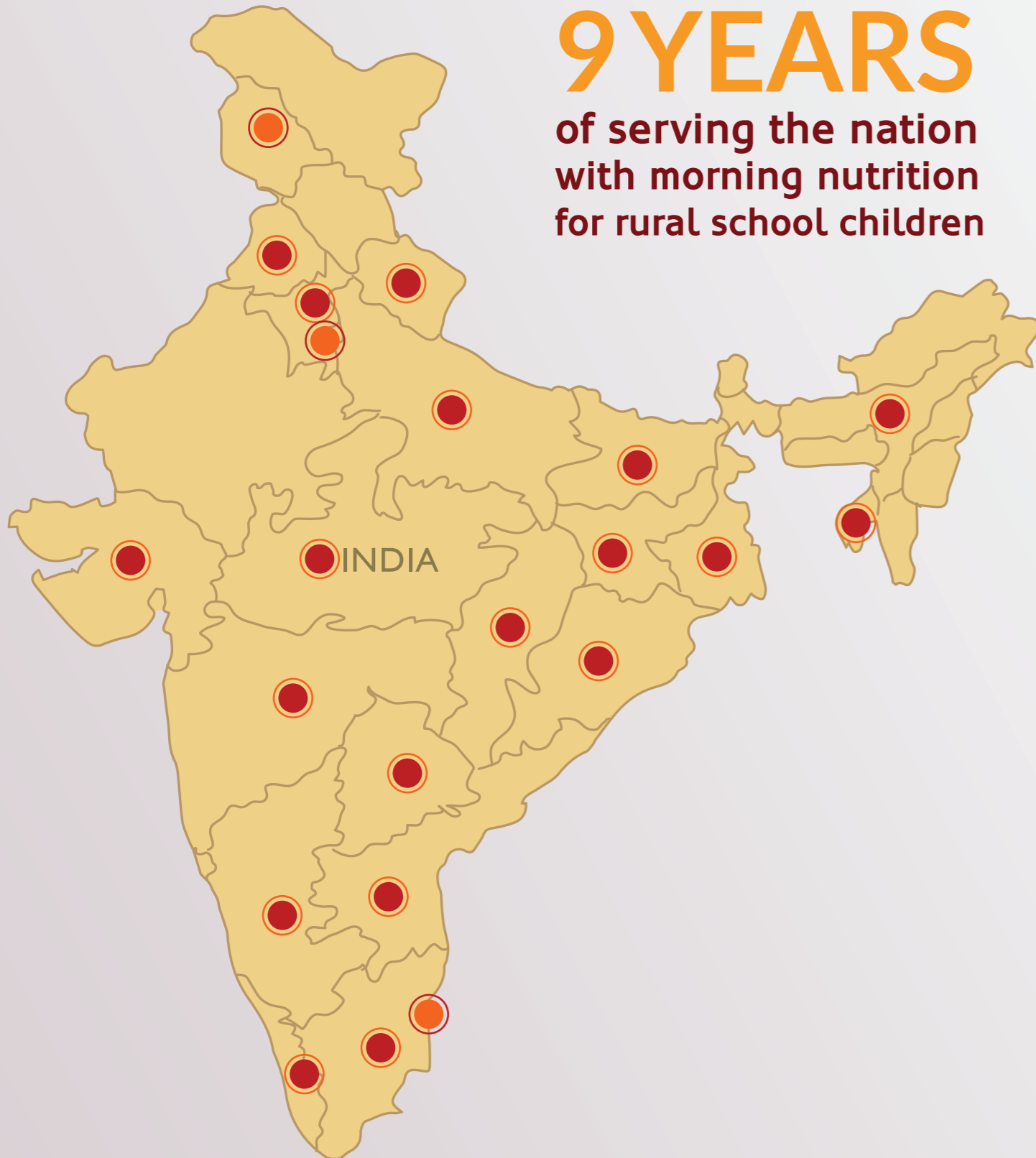
Once again, we thank Sri Chevireddy Bhaskar Reddygaru and the government officials at

Tirupati for their valuable support and cooperation, and we deeply value this collaboration. Thank you!



9 YEARS

of serving the nation
with morning nutrition
for rural school children



ANNAPOORNA TRUST IN OTHER COUNTRIES

○ INDONESIA ○ THAILAND ○ NIGERIA ○ AUSTRALIA ○ SRI LANKA

<https://annapoorna.org.in>

PRESENCE OF MORNING NUTRITION PROGRAM 19 STATES + 3 UNION TERRITORIES

STATE	NO OF STUDENTS	NO OF SCHOOLS
Karnataka	3,76,348	5,172
Telangana	36,154	369
Bihar	25,732	154
Andhra Pradesh	22,084	303
Puducherry	19,422	213
Tamilnadu	12,548	161
Kerala	3,067	33
Uttar Pradesh	1595	8
Tripura	1491	10
Haryana	1,288	9
Punjab	990	9
Uttarakhand	754	8
Jharkhand	453	6
Jammu & Kashmir	343	7
Chattisgarh	340	2
Maharashtra	164	3
West Bengal	111	2
Odisha	86	2
Madhya Pradesh	79	3
Delhi	60	1
Assam	33	1
Gujarat	27	1
GRAND TOTAL	503,169	6,477



Annapoorna features in the 16 Best Nonprofits For Empowering the World Through Education In 2022 And Beyond

Glad to share that Annapoorna Trust features in Goodera's list of 16 Best Nonprofits For Empowering the World Through Education In 2022 And Beyond, posted in Thrive Global's Community Page!

Sri Sathya Sai Annapoorna Trust ("Annapoorna") has been working at the grass-roots level delivering FREE Morning Nutrition to the needy children, while collaborating closely with relevant local government bodies.

These children typically attend government schools located in interior rural hinterland of India. Either cooked breakfast or "SaiSure" Nutrient Supplement with milk is served, based on feasibility of logistics, while employing a "decentralized model" wherein, the preparation is done right at the school premises.

Today, Annapoorna serves over 500,000 school children across 19 states and 3 Union

<https://annapoorna.org.in>

Territories of India, with the help of over 500 volunteers, employees and thousands of support staff.

SaiSure is Annapoorna's high-quality nutritious and delicious health supplement presented with milk, and supplied totally free of charge to these school children. Plans are

in place to continue expanding breakfast or SaiSure coverage to other underserved areas across the country, once the schools resume, post the ongoing pandemic.

For more details on Annapoorna, visit annapoorna.org.in





SaiSure as Nutrient Partner in Amrutha Mahotsava community development Scheme - State Youth Festival

The State Youth Festival, 2021-22 was inaugurated at Adichunchanagiri Mutt in Nagamangala taluk, Mandya on 05-Jan 2022 in the auspicious presence of Swami Nirmalanandanatha ji – Adichunchanagiri Mutt, Mr Basavaraj Bommai – Honourable Chief minister of Karnataka, Ms Sumalatha Amba-rish – Member of Parliament, Mr Narayana Gowda – Minister of Youth Empowerment and Sports, And Sericulture Department, Mr Araga Inanendra – Minister for Home Affairs, Mr C N Ashwath Narayan – Minister of Science and Technology, Mr R Ashok – Minister of Revenue, Mr Suresh Gowda – MLA

Nagamangala, Dr Shalini Rajneesh IAS – Additional Chief Secretary at Planning Department, Government of Karnataka to commemorate two events together, the 150th birth anniversary of Swami Vivekananda and the 75th Year of Indian Independence.

To mark this memorable event, Amrutha Mahotsava community development Scheme in 750 villages was envisaged previously by the chief minister, Mr Basavaraj Bommai during his Independence Day speech in 2021. The planning and statistics department led by Dr

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Shalini Rajneesh has surveyed 750 villages with the help of NSS volunteers. Innovative solutions like that of SaiSure multi-nutrient health mix by the Sri Sathya Sai Annapoorna Trust would be the nutrition partner. This is proposed to be given to pregnant mothers, pre-school & school children. Many other innovative schemes and solutions would be implemented in these villages to raise the standard of living and overcome poverty levels in these villages.

As part of the inauguration, SaiSure multi-nutrient health mix was given to the school going children on 05-Jan 2022 by

Swami Nirmalanandanatha ji – Adichunchanagiri Mutt, Mr Basavaraj Bommai – Chief minister of Karnataka & Sri Narayana Gowda – Minister of Youth Empowerment and Sports, and Sericulture Department. Swami ji personally inspected the SaiSure stall along with state youth minister put up by Sri Sathya Sai Annapoorna Trust. He was keen to know the nutritional aspect and variants available in SaiSure. Further state youth programmes led by the Ministry of Youth Empowerment and Sports, Karnataka is proposed to be held from Jan 12 till Jan 18 across various schools and colleges in the state of Karnataka.





Pre-emptive Nutritional Intervention Programme for SAM & MAM children in Chikkaballapur in collaboration with DWF Canada

Sri Sathya Sai Annapoorna Trust in collaboration with Divine Will Foundation – Canada, have come forward to start this noble intervention of supporting severely acute & moderately acute mal-nourished (SAM & MAM) children.

SaiSure is a multi-nutrient supplement, a malt-based composition, offered totally free of cost, for pregnant women, toddlers, pre-school, and school children. It is designed to meet 75% of the recommended daily

allowance (RDA) of most of the Micronutrients. This health supplement is known to improve immunity, enhance cognition, optimize weight gain, increase bone mass, and ensure healthy blood. SaiSure is available in Vanilla, Chocolate and Cardamom flavours.

Children aged between 2 and 6 years who are under nourished, are being provided with SaiSure Multi-Nutrient Supplement to boost nutrition and immunity against potential onset of Covid infections. The COVID pande-

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mic has further threatened an increase in the percentage of children suffering from malnutrition. Distribution of SaiSure to undernourished children has been initiated from June

2021 onwards at various taluks of Chikkaballapur district. Each malnourished child has been provided one jar of SaiSure every month till date.



Below table specifies details of MAM & SAM children between the age group of 2 till 6.

Taluk	MAM children	SAM children	Total
Bagepalli	437	13	450
Chikkaballapur	766	34	700
Chintamani	738	12	750
Gowribidanur	754	16	870
Gudibande	122	8	130
Sidlaghatta	1095	5	1100
Total	3912	88	4000

Details of each child such as birth date, height, weight, and mid-upper arm circumference (MUAC) were collected in all Anganwadi centres. Anganwadi teachers across multiple locations took keen interest in implementing nutritional intervention programme on identified SAM and MAM children. They even showed interest in getting this extended to normal children as well. Annapoorna Trust believes in longer sustainability of the programme by collaborating with Panchayat, Self Help Groups and Government Bodies.

An Anganwadi teacher by name, Ms. Narayamma of Sultanpet said, "My name is B C Narayamma working at an Anganwadi in Sultanpet. We currently have two MAM children. Post giving SaiSure powder, they are doing well & improved a lot. We request to share this product to many more people."

Ms. Bhagya said, "We are giving this SaiSure powder given by Annapoorna Trust to mal-nourished kids in our area. In our Byranayakanahalli village, one child is in the MAM category. In the month of June, the child's weight was 10.4 kg. Post giving SaiSure to



the child over a period of three months, now the weight of the child has increased to 11.2 kg. Child is getting improved largely. We thank Annapoorna Trust on behalf of Byranayakanahalli village people."

A teacher working in Anganwadi school said, "My name is Shylaja, working as a teacher in Anganwadi at Nandi village. We have four mal-nourished kids. We have been giving SaiSure powder to children since the last 2 months. We have seen a lot of improvement in the kids. I would like to convey my heartfelt thanks to Annapoorna Trust."

Some parents who received SaiSure shared their views on the improvement seen in their children –

"My name is Noori from Nandi village. Initially my daughter was weak, now after taking this powder, we noticed drastic improvement in the health parameters."

"My name is Reena. Initially my son was very weak and frequently fell ill. But now, after taking this powder, he is doing well, his

health has also improved and has gained weight. I would like to thank Annapoorna Trust of Muddenahalli."

"My name is Chandrakala, my kid's name is Vihaan, and he is 3 years of age. We are taking SaiSure powder from Anganwadi from the last 2 months. I give SaiSure powder twice every day to my son. His health has improved post giving SaiSure. In the month of May, he weighed 10 kg. Now in the month of August, his weight has increased to 11.2 kgs."



"My name is Naazima, and I am from Nandi hills. I have been giving SaiSure powder to my child for the last 2 months and we could see he has gained weight by four hundred grams. I request this kind of powder given to more such kids, so that they develop well."

"My name is Pushpalatha, and my kid's name is Vishruth, and he is aged 2 years 6 months. I am from Sultanpete Anganwadi centre. I am giving SaiSure powder for the last 2 months twice each day. He is doing good now, eating

well and weight has also improved."

An Anganwadi teacher, Ms. Asha narrated her views as, "Despite giving vegetables, fruits, milk, eggs etc. both at the school & their respective homes earlier, there was not much noticeable improvement in health parameters. From the time we have been giving SaiSure to children, we noticed improvement in terms of height & weight. Their weight is getting increased by 200 to 300 grams every month. We wholeheartedly thank the Annapoorna Trust for this."

Another teacher Ms. Gayathri spoke as, "In our Kathriguppe Anganwadi centre, there is a SAM child by name Ayush. We have been giving SaiSure to the child since the month of July. There has been a significant improvement in his weight by at least 200 to 300 grams every month. Noticing these changes, the medical doctor enquired on his routine check-up about what had changed over the 3 months for the child to have overcome stunting & wasting significantly. We conveyed about SaiSure product provided by Annapoorna Trust which was the reason for the noted improvement. We are looking forward to extending these services to other two MAM children who are newly inducted & to other normal children as well so that they are benefited."

Some parents expressed their views –

Ms. Ashwini shared her earlier experiences of taking her child who was under weight, to hospital regularly. Post giving SaiSure to her child, it has led to improved height & weight and resulted in good health overall.

Ms. Lakshmi Devi said she has been giving SaiSure to her child since the last three to four months regularly thrice a day with milk & has noticed her child gaining weight. She is looking forward for these services to be continued from the Trust.

Ms. Pavithra from Thammanayakanahalli, said the doctors in hospitals used to convince her to focus more on the health of the child & not to look towards only the weight of the child. But her child Brinda has shown good development in terms of weight as well, along with good health since SaiSure was provided regularly.

An Anganwadi teacher, Ms. Shantamani of Dibbur village said there have been improvements noticed in three MAM children since SaiSure has been provided. The parents have also been giving positive feedback about the effect of SaiSure. She requested Annapoorna Trust to extend this initiative to other children as well so that they are also benefited.

Ms. Kalavathi is working as Anganwadi teacher at Dibbur village since the last fourteen years. She said, "There are three MAM children in our centre. Children are improving well in their overall growth. Their weight has increased by three hundred grams within a span of one month due to SaiSure consumption, which is exceptionally good. We are incredibly happy about this positive impact. We request SaiSure to be distributed to other normal children as well."

Ms. Parimala Devi is working as Anganwadi teacher at Keshavara village since the last thirty years. She said, "Population is more in their village and there are many children who come under SAM & MAM categories. Parents cannot financially afford to take measures for the development of their children. Despite convincing & guiding the parents during home visits, we did not notice any significant improvements. But SaiSure has proved to be a boon for four out of five SAM & MAM children, who have come out of malnutrition and become normal and healthy children. Hence, we request the Government & Annapoorna Trust to keep continuing this noble initiative." A parent, Ms. Sindhu of Dibbur village requested for this initiative to be extended to

all children as well along with SAM & MAM children.

Another parent, Ms. Venkatalakshmi of Keshavara village said she has been giving Sai-Sure with milk twice a day for last two months and her child has grown well. When asked if this should be continued, she immediately replied saying, "Need to be continued regularly since there has been improvement on health parameters on the child due to Sai-Sure only."

With their primary mission, 'Relieve poverty,' Divine Will Foundation – Canada in collaboration with Sri Sathya Sai Annapoorna Trust works towards nourishing the poor school going children in India. With distribution of SaiSure to the children, a remarked improvement is being seen in their health parameters. The positive impact seen has been very promising and heartening.



ಸರ್ಕಾರ, ಸಂಸ್ಥೆ ಒಂದಾದರೆ ಅಭಿವೃದ್ಧಿ

ಸದ್ಗುರು ಶ್ರೀ ಮಧುಸೂದನ ಸಾಯಿ ಅಭಿಮತ | ಕೋವಿಡ್ ಪರಿಹಾರ ಕಾರ್ಯಕ್ರಮಕ್ಕೆ ಚಾಲನೆ

ಚಿಕ್ಕಬಳ್ಳಾಪುರ: ಸಮಯ, ಪರಿವೇಶ ಗಳನ್ನು ಒಳಗೊಂಡು ಮನುಷ್ಯನು ಸಂಪೂರ್ಣವಾಗಿ ಬೆಳೆದುಕೊಳ್ಳಲು ಸಾಧ್ಯವಿಲ್ಲ. ಇದೇ ಪ್ರಯತ್ನ ಕೋವಿಡ್ ಮಹಾಯುದ್ಧದ ಯುದ್ಧದಂತೆ ಇದ್ದರೂ ಮನುಷ್ಯನು ತನ್ನ ಸ್ವಲ್ಪ ಸಂಪನ್ಮೂಲದಿಂದ ಬಂದಿರುವಷ್ಟು ಶಕ್ತಿಯನ್ನು ಸಂಪೂರ್ಣವಾಗಿ ಬಳಸಿ ಸಮಗ್ರವಾಗಿ ಬೆಳೆದುಕೊಳ್ಳಲು ಸಾಧ್ಯವಿಲ್ಲ. ಇದೇ ಪ್ರಯತ್ನ ಕೋವಿಡ್ ಮಹಾಯುದ್ಧದ ಯುದ್ಧದಂತೆ ಇದ್ದರೂ ಮನುಷ್ಯನು ತನ್ನ ಸ್ವಲ್ಪ ಸಂಪನ್ಮೂಲದಿಂದ ಬಂದಿರುವಷ್ಟು ಶಕ್ತಿಯನ್ನು ಸಂಪೂರ್ಣವಾಗಿ ಬಳಸಿ ಸಮಗ್ರವಾಗಿ ಬೆಳೆದುಕೊಳ್ಳಲು ಸಾಧ್ಯವಿಲ್ಲ.

ಸರ್ಕಾರ, ಸಂಸ್ಥೆ ಒಂದಾದರೆ ಅಭಿವೃದ್ಧಿ ಸಾಧ್ಯವೆಂದು ಸದ್ಗುರು ಶ್ರೀ ಮಧುಸೂದನ ಸಾಯಿ ಅಭಿಮತ ವ್ಯಕ್ತಿಸಿದ್ದಾರೆ. ಇವರ ಅಭಿಮತವನ್ನು ಅನುಸರಿಸಿ ಸರ್ಕಾರ, ಸಂಸ್ಥೆ ಒಂದಾದರೆ ಅಭಿವೃದ್ಧಿ ಸಾಧ್ಯವೆಂದು ಸದ್ಗುರು ಶ್ರೀ ಮಧುಸೂದನ ಸಾಯಿ ಅಭಿಮತ ವ್ಯಕ್ತಿಸಿದ್ದಾರೆ.

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ಸತ್ಯಸಾಯಿ ಅನ್ನಪೂರ್ಣಾ ಟ್ರಸ್ಟ್ ವತಿಯಿಂದ ಪೌಷ್ಟಿಕಾಂಶಯುಕ್ತ (Sai Sure) ಪೌಡರ್ ಕೊಡುಗೆ

ಚಿಕ್ಕಬಳ್ಳಾಪುರ : ಅಭಿವೃದ್ಧಿಯನ್ನು ನಿರಂತರವಾಗಿ ಕೊಡಲು ಸರ್ಕಾರ ಮತ್ತು ಸಂಸ್ಥೆ ಒಂದಾದರೆ ಅಭಿವೃದ್ಧಿ ಸಾಧ್ಯವೆಂದು ಸದ್ಗುರು ಶ್ರೀ ಮಧುಸೂದನ ಸಾಯಿ ಅಭಿಮತ ವ್ಯಕ್ತಿಸಿದ್ದಾರೆ.

ಚಿಕ್ಕಬಳ್ಳಾಪುರ : ಅಭಿವೃದ್ಧಿಯನ್ನು ನಿರಂತರವಾಗಿ ಕೊಡಲು ಸರ್ಕಾರ ಮತ್ತು ಸಂಸ್ಥೆ ಒಂದಾದರೆ ಅಭಿವೃದ್ಧಿ ಸಾಧ್ಯವೆಂದು ಸದ್ಗುರು ಶ್ರೀ ಮಧುಸೂದನ ಸಾಯಿ ಅಭಿಮತ ವ್ಯಕ್ತಿಸಿದ್ದಾರೆ.



IMPACT of providing Grocery Kits to needy families in collaboration with RIST-PFC

Annapoorna Trust in collaboration with 'Rural India Supporting Trust' (RIST) and 'Partnerships For Change' (PFC) has been reaching out to support the families of 15000 Government Mid-Day Meal (MDM) cooks.

As a part of this relief programme during Phase-III of the project, 100 needy daily wage labourers, families of transgenders, and helpers in Thanneerpalli and Manavasi of Karur district of Tamil Nadu received 1 Month dry ration kits on 02-Jan-2022.

As a result of the third wave of COVID-19 pandemic that is gripping the world, according to the World Bank report, overall poverty rate is expected to rise. The lower strata of the society are facing the greatest impact due to loss of jobs or reduced income and people of all walks of life are struggling to lead a normal life. With rise in unemployment rate and a decline in income in several households, several informal workers, families, labourers are getting pushed into deeper poverty. Annapoorna Trust in collaboration with 'Rural India Supporting Trust' (RIST) and

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'Partnerships For Change' (PFC) have come forward to the assistance of vulnerable populations.

Each grocery kit consists of 10kg of rice, 2kg wheat, 2kg rava, 1kg toor dal, 1litre cooking oil, 2 kg chana dal, 50g mustard, and 2 packets of vermicelli.



Grocery distribution event at Thanneerpalli and Manavasi took place on 02-Jan-2022 in the presence of Mr. Manickam – MLA of Kuli-thalai constituency, Mr. Saravanan & Mr. Nagaraj – Regional co-ordinators Tamil Nadu, Mr. Chandru – Karur coordinator. Mr Manickam appreciated Annapoorna Trust's incessant efforts towards the upliftment of society, be it during these covid times or the floods. He was happy to note that, dry ration kits were being provided in Karur to transgenders who are a neglected lot in society. They have also faced severe difficulties during the pandemic. He also discussed with our Trustee, Mr. Sathyanarayana to expand the Morning Nutrition Programme to 20 govt schools around Thanneerpalli and Manavasi villages and extended support in this initiative from the administrative end.

An aged woman by name Mani expressed her gratitude by saying, "My name is Mani. We live in Thanneerpalli village, Kulithalai Circle, Karur district. We thank wholeheartedly Annapoorna Trust for having provided provisions which would last for over a month."

The transgenders in the community who received the relief material showed their immense gratitude. One of the transgenders, Renuka came forward and expressed, "Our salutations to all. My name is Renuka, and I am a transgender person. I live in Thirunangai nagar, Manavasi village of Karur district. We suffered in many ways during the COVID times. We, transgender people, are very thankful towards their gesture & thank Sri Sai Annapoorna Trust, RIST & PFC for having provided us a pack of provisions that will suffice for a month. We request for similar help to be extended to us whenever we suffer from these uncertain situations like COVID, floods etc. Annapoorna Trust is worthy of gratitude."

Further on, Annakkili spoke, "My name is Annakkili. I live in Thanneerpalli village, Karur district. Many thanks to Annapoorna Trust for having given provisions during these COVID times.

Another transgender by name Surya narrated the difficulties faced by them and



expressed gratitude for helping them – "Salutations. My name is Surya. We live in Thirunangai nagar, Manavasi village, Karur district. There are around 100 transgender people living in this place. We suffered a lot during the rainy season and during COVID pandemic. We have now received relief package from Annapoorna Trust & RIST foundation due to which all 100 of us have been benefited."

A Transgender by name Sarada also spoke as, "My name is Sarada, transgender from Manavasi. We used to suffer a lot due to rains and floods. Sri Sathya Sai Annapoorna Trust along with RIST & PFC foundations have helped us a lot indeed! We express our heartfelt thanks to Sadguru Maharaj and wish that they grow manifold and are able to serve the needy in many more ways!"





SaiSure Multinutrient Health Mix distributed to orphans and differently abled children in Bangalore by Ramamurthy Nagar volunteers

SaiSure Multinutrient Health Mix, a malt based composition for children in the age group of 2-16 years, designed to meet 75% of the recommended daily allowance (RDA) of most of the Micro Nutrients was distributed to children by Ramamurthy Nagar volunteers with details as follows:

- 1) Sai Sure was given to Makkala Mane orphanage in Batarahaalli on the occasion of Sankranti.
- 2) SaiSure supplies which would suffice for 20 residential children for 2 months, was handed over to Shastri's Deaf and Dumb school in Mahalaxmi Layout. Milk for 15 days was also arranged.

3) SaiSure was given to differently challenged children of Vinyasa Trust near Tilaknagar





SRI SATHYA SAI
ANNAPOORNA

LET NO CHILD GO TO SCHOOL HUNGRY EVER